



Orthopaedics SA

BONE & JOINT SPECIALISTS

ORTHO UPDATE



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A message from our New Chairman -

Dr Mario Penta

A MESSAGE FROM THE CHAIR



Welcome to the Orthopaedics SA Summer Newsletter.

I thank our outgoing chairman Dr Daniel Mandziak who completed his tenure on July 1st 2024. His excellent work and in particular his role in securing the appointment of our General Manager Jonathan Bands has been greatly appreciated.

I welcome Jonathan whose expertise in Human Resources has been invaluable and will further strengthen our management team.

I also thank our management team and each of our staff for their outstanding work and dedication to Orthopaedics SA and all of our patients.

Our current rooms co-located at the Memorial, Ashford, Flinders Private, North Eastern and Central districts Hospital continue to thrive and offer our patients convenience of treatment close to home.

As an inaugural member of Orthopaedics SA for over 27 years, I am proud of what we have achieved. We continue to secure new Orthopaedics surgeons to Orthopaedics SA across all sub-specialty groups, and will continue to expand our services well into the future.

I wish everybody a happy and healthy 2025.

Warm regards,

Mario Penta
Chairman of Orthopaedics SA

Congratulations to Dr. Angela Alder-Price on Winning Best Paper at the SESA Meeting



Angela Alder-Price

We are thrilled to celebrate Dr. Angela Alder-Price's outstanding achievement at the recent Shoulder and Elbow Society of Australia (SESA) meeting, where her research was awarded Best Paper.

Dr. Alder-Price, who specialises in shoulder, elbow, wrist, and hand surgery with a focus on both arthroplasty and keyhole surgery, continues to raise the bar for excellence within the field of Orthopaedics.

Her award-winning presentation highlighted her exceptional skills and deep commitment to advancing both our understanding and practice in this specialized area.

Please join us in congratulating Dr. Angela Alder-Price on this well-deserved recognition. Her dedication, hard work, and passion are truly making a significant difference in the field of Orthopaedics.

Dr Jonathan Cabot **MBBS, FRACS (Orth), Orthopaedic Surgeon**

Celebration of 12 years with us

Since November 2012, Dr. Jonathan Cabot has been an integral part of our team, specializing in hip, knee, and shoulder surgeries. His dedication to minimally invasive techniques, including direct anterior hip replacement and arthroscopic surgery, has helped countless patients regain their active lifestyles.



From Play to Age: A Comprehensive Look at Musculoskeletal Health -GP Events at the Pavilion

Orthopaedics SA recently hosted a notable evening at the Adelaide Pavilion, focusing on advancing musculoskeletal knowledge among General Practitioners. Sponsored by Radiology SA, the event featured in-depth educational presentations from leading surgeons.

Dr. Angela Alder-Price opened the night with a detailed exploration of Upper Limb Pathologies in Primary Care, providing valuable insights for everyday clinical practice. Dr. George Awwad followed, delving into the latest advancements in treating Knee & Hip Arthritis, highlighting both current practices and emerging therapies. William Cundy contributed his expertise on Common Adolescent Sports Injuries, a crucial topic for primary healthcare providers. The educational sessions concluded with Dr. Leigh Mosel from RadiologySA, who presented engaging case studies on MSK Imaging, illustrating practical imaging applications in musculoskeletal assessments. The evening not only offered a chance for attendees to enjoy a delicious buffet and network but also served as an RACGP approved CPD activity, enhancing professional development through practical and current medical knowledge. Thank you to all the participants whose eagerness to learn helps drive the success of these events. Stay tuned for more educational updates and a video recap of the evening from Orthopaedics SA.



Dr William Cundy
MBBS, FRACS (Orth)
Orthopaedic Surgeon



Dr Angela Alder-Price
MBBS, FRACS (Orth), FAOrthA
Orthopaedic Surgeon



Dr George Awwad
MBBS, FRACS (Orth), FAOrthA
Orthopaedic Surgeon

Professional to Personal: Beyond the clinic

Cultivating Calm: A Spine Surgeon's Passion for Bonsai

Outside the operating room, Dr. Yu Chao Lee finds peace and inspiration in the art of bonsai. This ancient practice of shaping and nurturing trees requires precision, patience, and a deep appreciation for natural beauty—skills that mirror his approach to spinal surgery. Bonsai offers Dr. Lee a calming escape from his high-intensity profession, allowing him to reconnect with nature and channel his focus into something meditative and fulfilling. Each tree he shapes reflects growth, resilience, and the delicate balance he also strives for in surgery. For Dr. Lee, bonsai is more than a hobby; it's a symbol of life's strength and harmony.



Dr YU CHAO LEE
MBBS, FRACS (Ortho), FAOrthA
Spinal Surgeon



Dr. George Awwad Achieves Milestone of 100 Knee Replacements with Robotic-Assisted Surgery

We are pleased to celebrate Dr. George Awwad's outstanding achievement of completing 100 knee replacements using robotic-assisted surgery. Reaching this milestone at the end of December 2024, Dr. Awwad has demonstrated exceptional skill and dedication in incorporating advanced technology into his practice. His commitment to adopting innovative surgical techniques reflects his dedication to providing high-quality orthopaedic care. We look forward to the continued success and positive impact of his work in the field of joint replacement surgery.

Australian Joint Registry Celebrates 20 Years of Data-Driven Improvements in Joint Replacement



Insights from Darren Waters on Two Decades of Transformative Data

I would like to acknowledge the pivotal role of the registry in enhancing joint replacement outcomes over the past twenty years. Initially established as a quality improvement measure, the registry has effectively identified prostheses with higher failure rates, thereby guiding surgeons towards better-performing implants. This initiative, spearheaded by Steve Graves and his team, has garnered widespread acclaim for its impact on the orthopaedic community worldwide.

The registry's comprehensive data collection spans arthritis patients undergoing hip, knee, shoulder, elbow and, more recently, ankle replacements. Current data indicates high satisfaction rates, with 84.9% of patients expressing high satisfaction across hip, knee, and shoulder replacements. Long-term data shows a ten-year benchmark revision rate of 4.3% for total hip replacements and 4.6% for knee replacements, with the lowest knee revision burden recorded at 7.1%. Additionally, patients can be reassured of a 92% likelihood that their knee replacements will endure beyond 20 years, according to the registry's quality metrics.

Significant advancements continue to shape joint replacement surgery, with evolving techniques and technology playing a key role in patient outcomes. Recent registry data highlights positive trends in patient satisfaction across various surgical approaches for hip replacements. Additionally, the integration of advanced technology, including robotic assistance and navigation, has been associated with high patient satisfaction rates.

The registry also underscores developments in partial knee replacements and the use of patellar components, contributing to a reduction in revision rates. In shoulder prosthetic surgery, there has been a 13.9% increase in procedures compared to the previous year, accompanied by a decrease in revision rates to 8.9%. Advances in hip prosthetic design and materials have also contributed to improved durability and performance, supporting long-term success in joint replacement procedures.

Patient-reported outcomes also underscore the registry's success, with 92% of patients very satisfied or satisfied with their hip replacements, and 96.7% noting their condition as much better or slightly better post-operatively. The median post-operative Oxford score for hip replacements improved significantly, from a preoperative mean of 21 to a postoperative mean of 41, with a median of 44. The registry's future looks promising as it explores the use of AI to analyse data more comprehensively, potentially revolutionizing early pattern recognition and improving patient care further. This ongoing effort by the Australian Joint Registry continues to be a beacon of excellence in the field of orthopaedics, reflecting its commitment to reducing surgery pain, rehabilitation times, and overall community costs while improving prosthetic longevity and patient satisfaction. By analyzing the results, a surgeon can choose to use a well performing implant to improve their patient experience. Congratulations to the Joint Registry team for a job **well done**.



Through Orthopaedic Outreach, their surgeons are not just performing life-saving surgeries; they are also sharing knowledge and skills with local doctors, empowering them to make a lasting difference in their own communities. It's about building a sustainable future where quality medical care is accessible to all. The challenges are real—motor vehicle accidents, injuries from farming machinery, and construction site falls are common in these regions, often leading to severe, untreated injuries and a cycle of poverty. But with each surgery, each training session, and each piece of donated medical equipment, we see hope and resilience.



Orthopaedics SA
BONE & JOINT SPECIALISTS

orthopaedic
outreach
AUSTRALASIA



Orthopaedics SA Champions Collaborative Care: PAs and Surgeons Working Together for Better Healthcare Outcomes

Teamwork and Collaborative Care



At Orthopaedics SA, the partnership between Dr. Hussenbocus and his Personal Assistant, William, highlights the organization's broader strategy of nurturing highly effective collaborations between surgeons and their PAs. This model emphasizes a shared responsibility where PAs, like William, manage essential tasks including scheduling, patient communication, and operation logistics, allowing surgeons like Dr. Hussenbocus to dedicate their expertise to patient care and surgical precision. Orthopaedics SA actively fosters this approach by providing structured support and training, enabling PAs to be proactive in their roles, enhancing both practice efficiency and patient satisfaction.

"At Orthopaedics SA, the strong teamwork between our surgeons and their PAs, like myself and William, really shows. They handle everything so smoothly, allowing us as surgeons to focus fully on caring for patients. It's this collaboration that makes everything we do a bit better." - Saleem Hussenbocus

The relationship goes beyond mere task management, with PAs often acting as critical communicative links between patients, surgeons, and other healthcare professionals, ensuring a seamless care experience. This behind-the-scenes orchestration is crucial, as it not only optimizes operational workflows but also contributes significantly to the holistic care that patients receive, embodying the core values of communication, professionalism, and community that Orthopaedics SA stands for.



Dr Saleem Hussenbocus
BSc (Med), MBBS, FRACS
(Orth) Orthopaedic Surgeon



We agree that respect is mutual.



We take responsibility for our patient's experience.



We agree that respect is mutual.



We agree that respect is mutual.

Why Our Values Matter

At Orthopaedics SA, we are committed to upholding our core values of Care, Professionalism, Communication, and Community. These principles guide our interactions and enhance our service quality, ensuring every patient feels respected and valued. By taking responsibility for our patient's experiences, we foster a professional environment where communication is pivotal. We believe that respect is not just given but is a mutual exchange that enriches our community ties, making every interaction with us reassuring and impactful. This commitment is the backbone of our practice, reflecting in every aspect of our care and operations.

THE MOST COMPREHENSIVE RANGE OF EXPERT ORTHOPAEDIC CARE IN SA.



Spine

Dr William Cundy (paed).
Dr Yu Chao Lee
Dr Aaron Stevenson

Shoulder

Dr Angela Alder-Price
Dr Jonathan Cabot
Dr David Hermann
Dr Meng Ling
Dr Mario Penta
Dr Aman Sood
Dr Peter Viiret
Dr Jason Ward
Dr Darren Waters

Hip

Dr George Awwad
Dr Philip Brook
Dr Jonathan Cabot
Dr William Cundy
Dr Saleem Hussenbocus
Dr Mark Inglis
Dr Meng Ling

Dr Daniel Mandziak
Dr Mario Penta
Dr Anthony Samson
Dr Peter Viiret
Dr Jason Ward
Dr Darren Waters

Elbow

Dr Angela Alder-Price
Dr Meng Ling
Dr Aman Sood

Knee

Dr George Awwad
Dr Philip Brook
Dr Jonathan Cabot
Dr William Cundy
Dr David Hermann
Dr Saleem Hussenbocus
Dr Mark Inglis
Dr Meng Ling
Dr Matthew Liptak
Dr Daniel Mandziak

Dr Mario Penta
Dr Anthony Samson
Dr Aman Sood
Dr Peter Viiret
Dr Brian Wallace
Dr Jason Ward
Dr Darren Waters
Dr Justin Webb

Wrist

Dr Angela Alder-Price
Dr William Cundy (paed).
Dr Meng Ling
Dr Aman Sood

Ankle

Dr William Cundy
Dr George Dracopoulos
Dr David Hermann
Dr Meng Ling
Dr Anthony Samson
Dr Peter Viiret
Dr Jason Ward
Dr Darren Waters

Foot

Dr William Cundy
Dr George Dracopoulos

Hand

Dr Angela Alder-Price
Dr William Cundy (paed)
Dr Meng Ling
Dr Aman Sood

Sports Injuries

Dr George Awwad
Dr Jonathan Cabot
Dr William Cundy (paed)
Dr David Hermann
Dr Mark Inglis
Dr Meng Ling
Dr Matthew Liptak
Dr Daniel Mandziak

Dr Mario Penta
Dr Anthony Samson
Dr Aman Sood
Dr Peter Viiret
Dr Brian Wallace
Dr Jason Ward
Dr Darren Waters
Dr Justin Webb

Oncology

Dr Saleem Hussenbocus

Paediatrics

Dr Philip Brook
Dr William Cundy
Dr David Hermann
Dr Peter Viiret
A/Prof Nicole Williams

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CALL 8267 8267
To speak to our specialist team



Opening Hours
9:00am-5:00pm -Monday to Friday



Estimate of Cost
Will be advised when booking